



## FREQUENTLY ASKED QUESTIONS ~ LIL' DRAGONS

**QUESTION:**

How does my child get started and at what age can they begin?

**ANSWER:**

Complete an information sheet, and then call or email to set up a free class. Children begin the Lil' Dragons Program as early as 3 years of age.

**QUESTION:**

Do they have to have a uniform to start?

**ANSWER:**

Yes. Although they do not need one for their initial free class, they will need a uniform to participate in the program.

**QUESTION:**

Should they participate in the belt performances and how often to you have them?

**ANSWER:**

Yes. We highly recommend it because it is a way to teach the children how to set goals, and work hard toward the accomplishment of their goal. It also builds the child's self confidence and self esteem. The belt performances are conducted approximately every 2-1/2 months.

**QUESTION:**

Should we attend the Karate tournaments and why?

**ANSWER:**

Yes. We highly recommend it because it is another way of helping to build the child's self-confidence and self-esteem. They are guaranteed to win a medal and a trophy. The tournament atmosphere for Lil' Dragons is non-competitive and very positive, and they are all winners. They are asked to perform three of their favorite warm-up or Karate techniques, and then they participate in bopper sparring, which is a safe and very fun activity for the student and the audience.

**QUESTION:**

How do we know if they are ready to take the belt performance? What if they don't pass?

**ANSWER:**

If they are invited (receive an application), they are ready to participate in the belt performance. All children that come and participate (come up when we call their name and perform), will be awarded a belt and certificate at the end of their performance.

**QUESTION:**

What do they have to do for their belt performance?

**ANSWER:**

They will be performing stretches, combinations, singing the Lil' Dragon song and answering life, health and safety questions...all of which they do in class. Once again, as long as they participate, they are guaranteed a belt.

**QUESTION:**

How do I know if I should bring them for the belt performance?

**ANSWER:**

We tell the children that if they want to get their first belt or next belt, they need to try their best, listen, and ask Mom and Dad if they can participate. We explain to the children there might be times when Mom and Dad are busy and can't bring them, but to keep working hard and hopefully they will be able to attend the next performance. If they are excited about coming and have received an application, by all means, bring them!

**QUESTION:**

Has a child ever not passed the belt performance?

**ANSWER:**

The only way your son or daughter will not receive their belt at the performance, is if they do not come up when called to perform. If this happens, Ms. Mary Ann or I will try to persuade them to participate. If this does not work, we will discuss other options.

**QUESTION:**

Who is invited to attend the belt performance?

**ANSWER:**

This is a special day for your child...family members and friends are encouraged to attend!

**QUESTION:**

What is the "Best List", and where do I find one?

**ANSWER:**

The Best List is a weekly incentive program that is designed to encourage students to do things that their parents ask of them at home, such as brushing their teeth, cleaning their room, etc. When the best list is

completed, the student should bring them to class to receive a prize. The best list can be found on the website by following the Lil Dragon link under the “ABOUT US” menu.

**QUESTION:**

**When should my child make the transition from Lil' Dragons to beginner Karate?**

**ANSWER:**

**Usually, by age 6 or 7, the student is ready to transition into beginner Tae Kwon Do classes. Sometimes the student will appear to be getting bored with Lil Dragons, and this is often an indication that they are ready to move up. We make the transition a big deal as if they are graduating from High School or College.**